

Ipswich & District League

Tennis Club Guide 2020/2021

Team tennis provides an opportunity to play regular competitive matchplay doubles across Suffolk in the 'Ipswich and District League' (see map below).

Over 20 clubs take part in the I&DL and the purpose of this guide is to provide key information on each tennis club; including directions, parking arrangements and changing/toilet facilities.

Summer League (May-July)



- There are generally 5 teams in each division.
- Teams consist of 6 players (3x pairs).
- Matches are played on weekday evenings.
- Play 'long' sets: First to win 8 games by 2 clear games or a tie-break at 8-8.
- Each pair plays 1 set of doubles against each opponent pair (3x sets in total).
- 9 sets are played in total so at the end of the match there is always a winner!
- Completed scorecards must be emailed to idltennisresults@yahoo.co.uk ASAP.

Floodlit League (October-March)



- There are generally 6 teams in each division.
- Teams consist of 4 players (2x pairs).
- Matches are played on weekday evenings.
- Play 'normal' sets: First to win 6 games by 2 clear games or a tie-break at 6-6.
- Each pair plays 2 sets of doubles against each opponent pair (4x sets in total).
- 8 sets are played in total so at the end of the match a draw is a possible outcome!
- Completed scorecards must be emailed to martyward512@gmail.com ASAP.

Winter League (October-March)



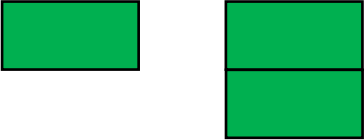

- There are generally 7 teams in each division.
- Teams consist of 2 players (1x pair).
- Matches are played on 2 out of 3 weekends to a set schedule:
Men's: Sundays at 10:30am; Ladies: home team arranges directly with the opposition.
- Play 'normal' sets: First to win 6 games by 2 clear games or a tie-break at 6-6.
- Each pair plays 3 sets of doubles against the opponent pair (3x sets in total).
- 3 sets are played in total so at the end of the match there is always a winner!
- Completed scorecards must be emailed to idltennisresults@yahoo.co.uk ASAP.






An interactive version of this map, key contacts and updated league tables can be accessed on the Woodbridge Tennis Club website at <http://www.woodbridgetennis.org/teamtennis/>

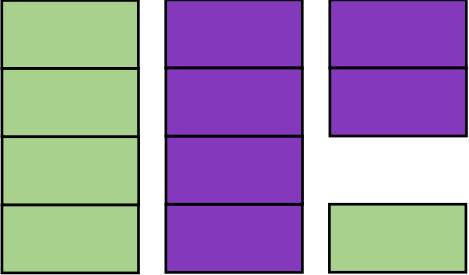
All information is correct and up to date as of September 2020.

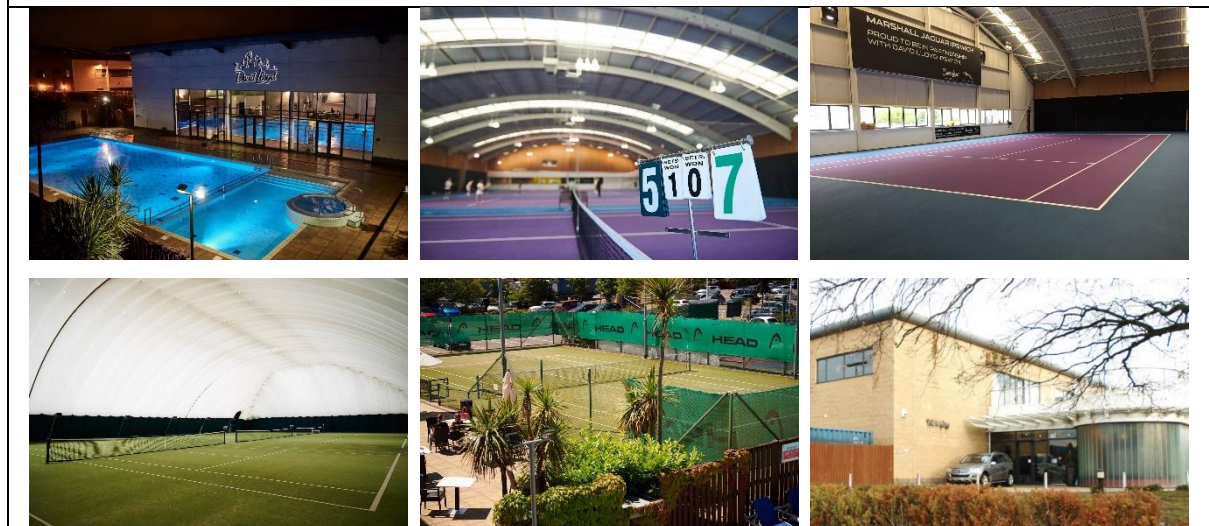
Simon Evans (Woodbridge Tennis Club)



Adastral Park Tennis Club	
Address BT Adastral Park Campus Barrack Square Martlesham Suffolk IP5 3RF	Directions Sat Nav Postcode: IP5 3RF
Courts Adastral Park has three tennis courts 2x hard courts with floodlights <i>DARK GREEN courts & LIGHT GREEN border</i> 1x hard court without floodlights <i>GREEN court & RED border</i>	Court Layout 
Parking/Facilities Ample car parking outside the clubhouse which has changing/toilet facilities. Players' names need to be emailed to the Adastral Park captain in advance for security passes to be prepared. Visitors need to report to the security gate house – allow additional time!	
	

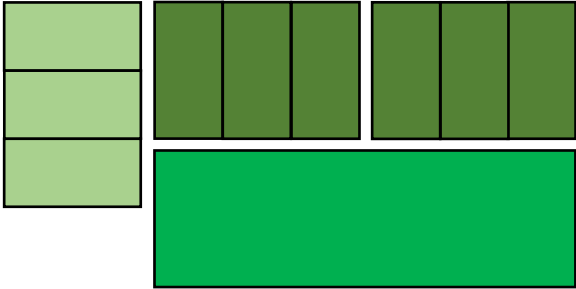

Bramford Tennis Club	
Address The Playing Fields Acton Road Bramford Suffolk IP8 4HU	Directions Sat Nav Postcode: IP8 4HU
Courts Bramford has three tennis courts 2x hard courts with floodlights 1x hard court without floodlights <i>RED courts & BLUE border</i>	Court Layout 
Parking/Facilities Ample car parking in private playing fields car park. No bespoke tennis pavilion – changing/toilet facilities in bowls/football clubhouse.	
	

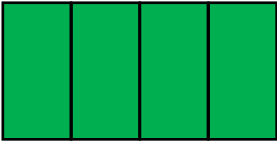

Creekers Tennis Club	
Address Martlesham Hall Church Lane Martlesham Suffolk IP12 4PQ	Directions Sat Nav Postcode: IP12 4PQ
Courts Creekers play on private residential courts All hard courts have floodlights <i>DARK GREEN courts & LIGHT BLUE border</i>	Court Layout 
Parking/Facilities Creekers play on private tennis courts at residential properties in the Martlesham area. Typically, teams meet at the above address and pairs travel together to their assigned court.	

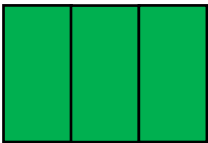

David Lloyd	
Address Ransomes Europark The Havens Ipswich Suffolk IP3 9SJ	Directions Sat Nav Postcode: IP3 9SJ
Courts David Lloyd has eleven (11) tennis courts 4x carpet courts – indoor <i>PURPLE courts & BLUE border</i> 2x acrylic courts – indoor <i>PURPLE courts & BLUE border</i> 4x astro courts – in permanent ‘air dome’ <i>GREEN courts & GREEN border</i> 1x astro court – floodlit/outdoor <i>GREEN court & GREEN border</i>	Court Layout 
Parking/Facilities Ample car parking in barrier protected secure car park (Note: barrier code required on exit). Changing/toilet/shower facilities. Bar and restaurant on site.	



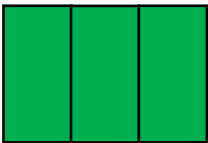

East Bergholt Tennis Club	
Address Gandish Road Playing Fields East Bergholt Suffolk CO7 6TP	Directions Sat Nav Postcode: CO7 6TP
Courts East Bergholt has three tennis courts 3x hard courts with floodlights <i>BLUE courts & GREEN border</i>	Court Layout 
Parking/Facilities Ample car parking in playing fields car park. Small tennis clubhouse – no changing/toilet facilities.	
	

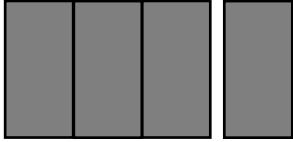

Felixstowe Lawn Tennis Club	
Address 37 Bath Road Felixstowe Suffolk IP11 7JN	Directions Sat Nav Postcode: IP11 7JN
Courts Felixstowe has eighteen (18) tennis courts 9x grass courts (summer only) 3x acrylic courts with floodlights <i>DARK GREEN courts & LIGHT GREEN border</i> 3x hard courts with floodlights <i>GREEN courts & RED border</i> 3x astro courts with floodlights <i>GREEN courts & GREEN border</i>	Court Layout 
Parking/Facilities Car parking in private car park adjacent to the acrylic courts. Bespoke tennis pavilion with changing/toilet/bar/kitchen facilities and terrace.	
	

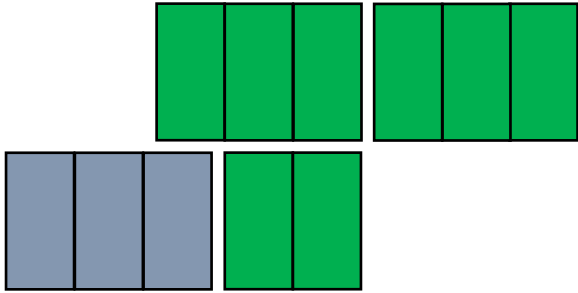

Filby Tennis Academy	
Address Brackenbury Sports Centre High Road Felixstowe IP11 9JF	Directions Sat Nav Postcode: IP11 9JF
Courts Filby Tennis Academy has four tennis courts 4x hard courts with floodlights <i>DARK GREEN courts & LIGHT GREEN border</i>	Court Layout 
Parking/Facilities Ample car parking in Brackenbury Sports Centre car park. Brackenbury Sports Centre has changing/toilet facilities.	
	

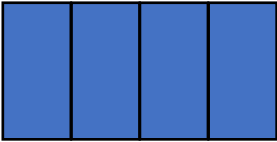

Framlingham Lawn Tennis Club	
Address Badingham Road Framlingham Suffolk IP13 9HS	Directions Sat Nav Postcode: IP13 9HS
Courts Framlingham has three tennis courts 3x hard courts with floodlights <i>GREEN courts & RED border</i>	Court Layout 
Parking/Facilities Ample car parking in private sports club car park adjacent to the tennis courts. Small tennis clubhouse & large adjacent sports club with changing/toilet facilities.	
	

Grundisburgh Tennis Club	
Address Grundisburgh Playing Fields Ipswich Road Grundisburgh Suffolk IP13 6TJ	Directions Sat Nav Postcode: IP13 6TJ
Courts Grundisburgh has three tennis courts 3x hard courts (no floodlights) <i>LIGHT BLUE courts & PALE GREEN border</i>	Court Layout 
Parking/Facilities Ample car parking in playing fields car park. Small tennis clubhouse – no changing/toilet facilities.	
	

Hadleigh Tennis Club	
Address Layham Road Hadleigh Suffolk IP7 5NE	Directions Sat Nav Postcode: IP7 5NE
Courts Hadleigh has three tennis courts 3x hard courts with floodlights <i>DARK GREEN courts & LIGHT GREEN border</i>	Court Layout 
Parking/Facilities Ample car parking in private sports club car park adjacent to the tennis courts. Tennis clubhouse with changing/toilet facilities.	
	

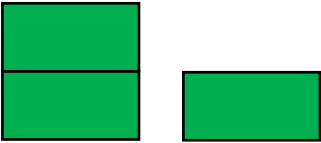

Holbrook Tennis Club	
Address Holbrook Sports Centre Ipswich Road Holbrook IP9 2QX	Directions Sat Nav Postcode: IP9 2QX
Courts Holbrook has four tennis courts 4x hard courts with floodlights <i>GREY courts & GREY border</i>	Court Layout 
Parking/Facilities Ample car parking in private Holbrook Sports Centre car park. Holbrook Sports Centre has changing/toilet facilities.	
	

Ipswich Sports Club	
Address Henley Road Ipswich Suffolk IP1 4NJ	Directions Sat Nav Postcode: IP1 4NJ
Courts Ipswich has eleven (11) tennis courts 3x indoor courts <i>DARK BLUE courts & PALE GREEN border</i> 3x astro courts with floodlights <i>DARK GREEN courts & LIGHT GREEN border</i> 5x hard courts with floodlights <i>DARK GREEN courts & LIGHT GREEN border</i> <i>Indoor winter 'air dome' covers 3 hard courts</i>	Court Layout 
Parking/Facilities Car parking in large Ipswich Sports Club private car park. Ipswich Sports Club has changing/toilet/shower facilities. Bar and restaurant on site.	
	

Kesgrave Tennis Club	
Address Twelve Acre Approach Kesgrave Suffolk IP5 1JF	Directions Sat Nav Postcode: IP5 1JF
Courts Kesgrave has four tennis courts 4x hard courts with floodlights <i>BLUE courts & GREEN border</i>	Court Layout 
Parking/Facilities Ample car parking in private community centre car park. Bespoke tennis pavilion with changing/toilet/kitchen facilities.	
	

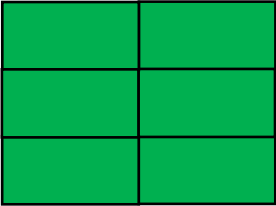
Roundwood Tennis Club	
Address Pauls Sports Club Salmet Close Ipswich Suffolk IP2 9BA	Directions Sat Nav Postcode: IP2 9BA
Courts Roundwood has three tennis courts 3x hard courts with floodlights <i>DARK GREEN courts & LIGHT GREEN border</i>	Court Layout 
Parking/Facilities Ample car parking in Pauls Sports Club. Bespoke tennis clubhouse & nearby Pauls Sports Club with changing/toilet/bar facilities.	
	

Saxmundum Tennis Club	
Address Carlton Park Saxmundum Suffolk IP17 1AT	Directions Sat Nav Postcode: IP17 1AT
Courts Saxmundum has three tennis courts 3x hard courts with floodlights <i>ORANGE courts & GREEN border</i>	Court Layout 
Parking/Facilities Ample car parking on grass adjacent to the tennis courts. Tennis clubhouse with changing/toilet facilities.	
	

Sproughton Tennis Club	
Address The Playing Fields Church Lane Sproughton Suffolk IP8 3AX	Directions Sat Nav Postcode: IP8 3AX
Courts Sproughton has three tennis courts 2x hard courts with floodlights 1x hard court without floodlights <i>GREEN courts & RED border</i>	Court Layout 
Parking/Facilities Ample car parking in private playing fields car park. Changing/toilet facilities are available in a wooden building by the car park.	
	

St John's Tennis Club	
Address Westbury Road Ipswich Suffolk IP4 4RH	Directions Sat Nav Postcode: IP4 4RH
Courts St John's has three tennis courts 3x hard courts with floodlights <i>DARK GREEN courts & LIGHT GREEN border</i>	Court Layout 
Parking/Facilities Car parking is available on the club driveway or alternatively on local residential streets. Tennis clubhouse with changing/toilet facilities.	
	


Stowmarket Lawn Tennis Club	
Address Iliffe Way Stowmarket Suffolk IP14 1SL	Directions Sat Nav Postcode: IP14 1SL
Courts Stowmarket has five tennis courts 1x hard court without floodlights <i>GREEN court & RED border</i> 4x hard courts with floodlights <i>DARK GREEN courts & LIGHT GREEN border</i> <i>Indoor winter 'air dome' covers 3 hard courts</i>	Court Layout 
Parking/Facilities Ample car parking in Asda 'Pay & Display' car park – free after 6:00pm. Bespoke tennis pavilion with changing/toilet/kitchen facilities. Practice wall and picnic area.	
	

Woodbridge Tennis Club	
Address The Avenue Kingston Playing Fields Woodbridge Suffolk IP12 4BA	Directions Sat Nav Postcode: IP12 4BA
Courts Woodbridge has six tennis courts 6x hard courts with floodlights <i>DARK GREEN courts & LIGHT GREEN border</i>	Court Layout 

Parking/Facilities

Ample car parking in 'The Avenue' council car park – free after 6:00pm.
 Recently refurbished tennis pavilion with changing facilities, toilets and Pavilion Café.



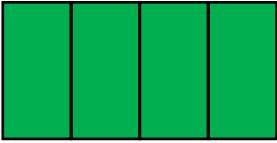
Woolpit Tennis Club	
Address Rectory Lane Woolpit Bury St Edmunds Suffolk IP30 9QP	Directions Sat Nav Postcode: IP30 9QP
Courts Woolpit has four tennis courts 4x hard courts with floodlights <i>GREEN courts & RED border</i>	Court Layout 

Parking/Facilities

Ample car parking at the end of a small lane past St. Mary's Church, Woolpit.
 Small tennis clubhouse with changing/toilet facilities.



Worham Lawn Tennis Club	
Address Long Green Worham Suffolk IP22 1PT	Directions Sat Nav Postcode: IP22 1PT
Courts Worham has four tennis courts 4x hard courts with floodlights <i>DARK GREEN courts & LIGHT GREEN border</i>	Court Layout 
Parking/Facilities Ample car parking in private community centre car park. Small tennis clubhouse & adjacent community centre with changing/toilet/kitchen facilities.	
	

YM Tennis Club	
Address Copleston Centre Foxhall Road Entrance Ipswich Suffolk IP3 8LR	Directions Sat Nav Postcode: IP3 8LR
Courts YM has four tennis courts 4x astro carpet courts with floodlights <i>GREEN courts & ORANGE border</i>	Court Layout 
Parking/Facilities Ample car parking in private Copleston Centre car park. Small tennis clubhouse & Copleston Centre with changing/toilet/bar facilities.	
